

Privacy Policy

Lightworks Mindfulness

Last Updated: May 8, 2026

This Privacy Policy describes how Lightworks ("we", "us", or "our") collects, uses, and discloses your personal information when you visit our mindfulness website.

1. INFORMATION WE COLLECT

We collect information you provide directly to us, such as when you create an account, subscribe to our newsletter, or contact support. This may include your name, email address, and any personal reflections you choose to share in interactive features.

2. HOW WE USE YOUR INFORMATION

Your information is used to personalize your mindfulness experience, process transactions, and send periodic emails regarding our services. We prioritize the confidentiality of your mental wellness journey.

3. DATA SECURITY

We implement a variety of security measures to maintain the safety of your personal information. However, no method of transmission over the Internet is 100% secure.

4. THIRD-PARTY DISCLOSURE

We do not sell, trade, or otherwise transfer your personally identifiable information to outside parties except to provide the service requested (e.g., email delivery services).

5. YOUR RIGHTS

You have the right to request access to the personal data we hold about you and to ask for it to be corrected or deleted from our systems.